

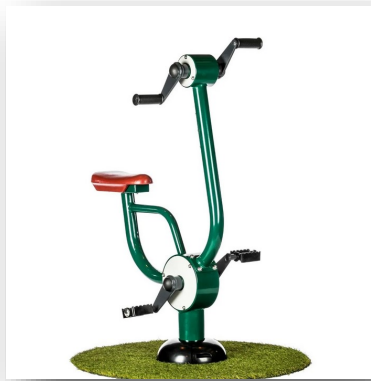
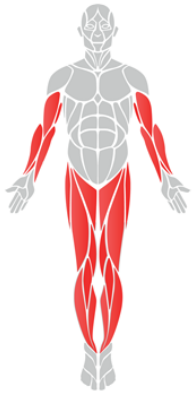


KS3 / KS4 Adult Gym

# Adults Gym / KS3 and KS4 - Individual Units

## Arm and Pedal Bike

• Height 1450mm • Width 500mm • Length 830mm



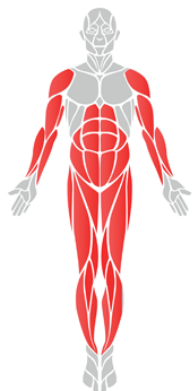
## Bike

• Height 1290mm • Width 498mm • Length 1000mm



## Horse Rider

• Height 1325mm • Width 668mm • Length 1417mm



## Rower

• Height 1198mm • Width 805mm • Length 1150mm

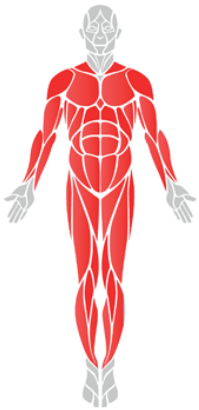




# Adults Gym / KS3 and KS4 - Individual Units

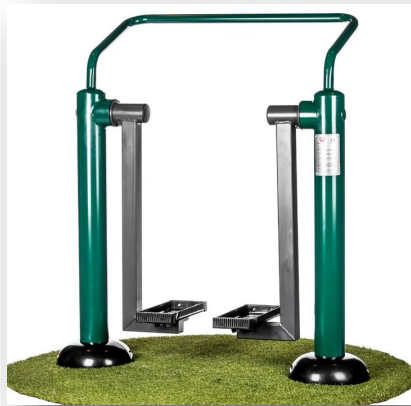
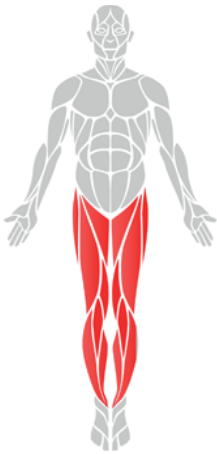
## Sky Stepper

• Height 1267mm • Width 615mm • Length 1765mm



## Single Health Walker

• Height 2017mm • Width 615mm • Length 1177mm

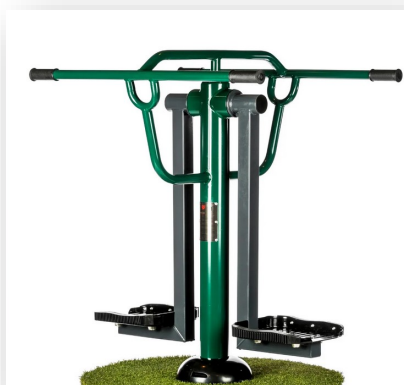




# Adults Gym / KS3 and KS4 - Double Units

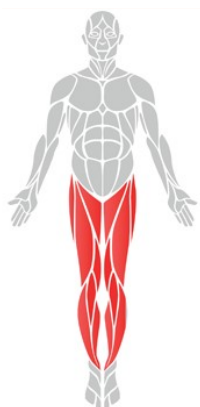
## Double Slalom Skier

• Height 1234mm • Width 900mm • Length 1150mm



## Double Health Walker

• Height 1357mm • Width 2017mm • Length 615mm



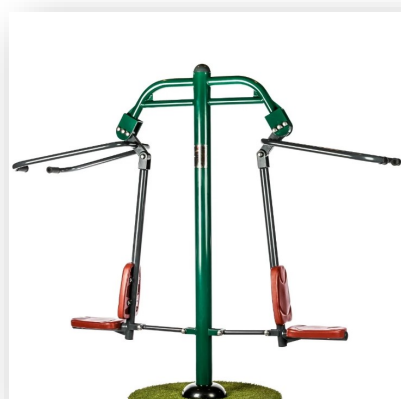
## Double Power Push

• Height 1958mm • Width 733mm • Length 1957mm



## Double Pull Down Challenger

• Height 2088mm • Width 805mm • Length 2572mm





# Adults Gym / KS3 and KS4 - Double Units

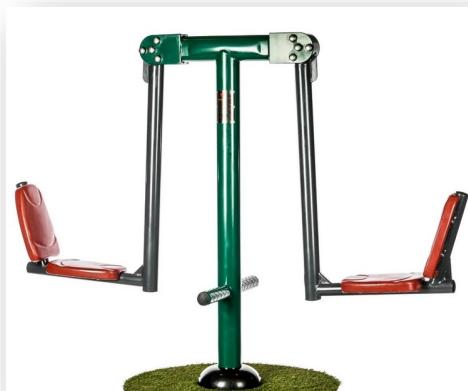
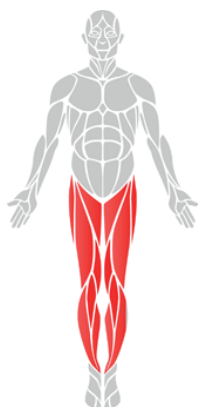
## Combi Pull Down and Power Push

• Height 2088mm • Width 840mm • Length 2572mm



## Double Squat Push

• Height 1590mm • Width 634mm • Length 2268mm



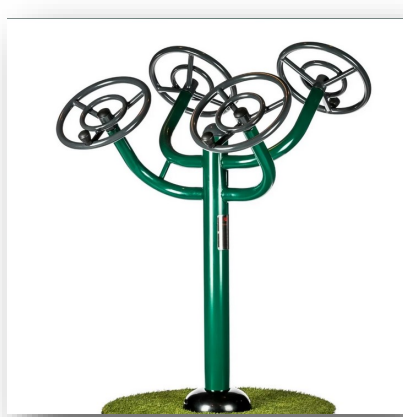
## Twist n Step

• Height 1658mm • Width 1143mm • Length 622mm



## Tai Chi Discs

• Height 1764mm • Width 1150mm • Length 1160mm

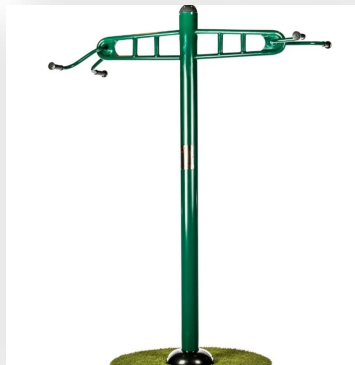




# Adults Gym / KS3 and KS4 - Strength & Stretch Units

## Double Pull Up

• Height 2258mm • Width 745mm • Length 1613mm



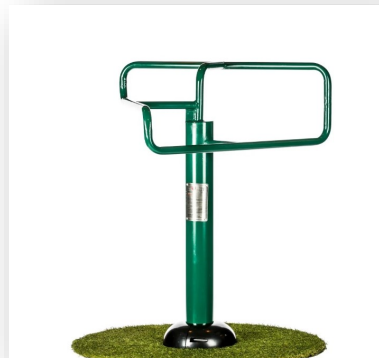
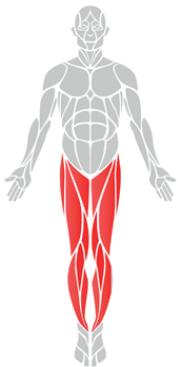
## Parallel Rails

• Height 1658mm • Width 548mm • Length 1948mm



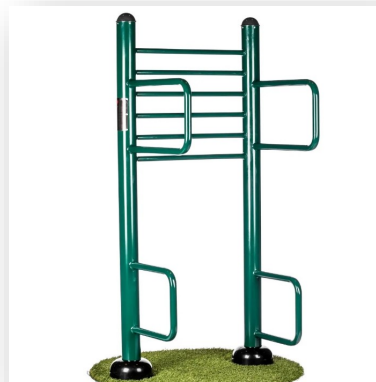
## Leg Stretch

• Height 1435mm • Width 811mm • Length 923mm



## Leg Raise

• Height 1695mm • Width 769mm • Length 602mm

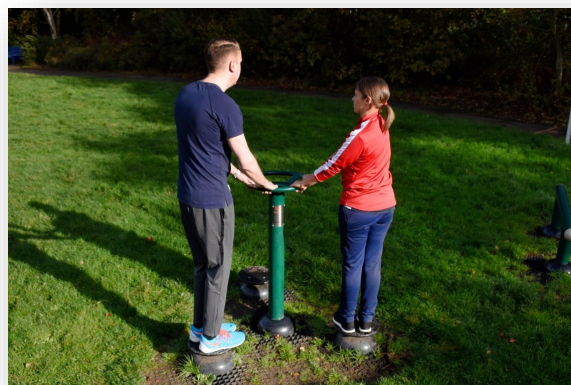
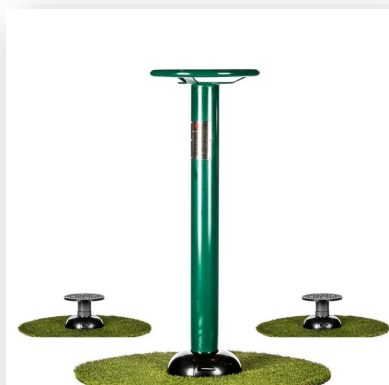




# Adults Gym / KS3 and KS4 - Strength & Stretch Units

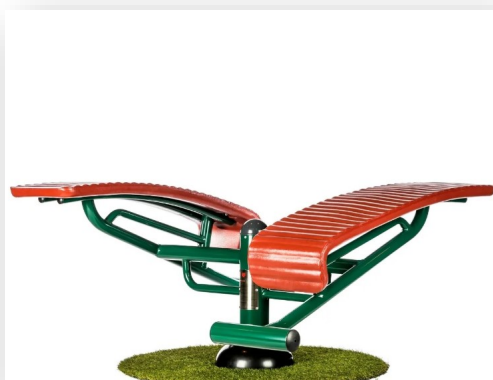
## Waist Twister

• Height 1274mm • Width 1310mm • Length 1463mm



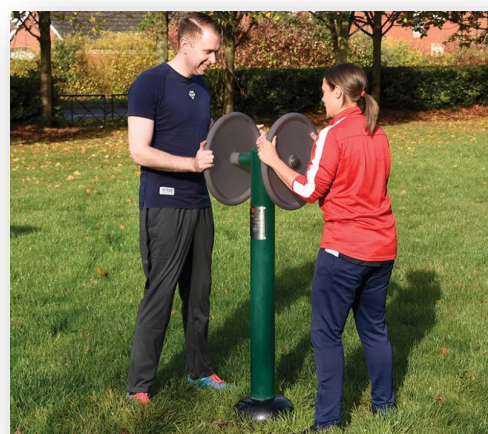
## Double Sit Up Bench

• Height 1590mm • Width 634mm • Length 2268mm



## Double Strength Challenger

• Height 1548mm • Width 423mm • Length 602mm





## Wheelchair Accessible Arm and Pedal Bike



## Wheelchair Accessible Tai Chi Discs



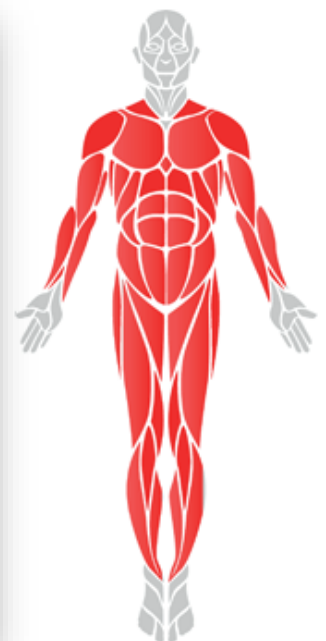
• Height 540mm • Width 510mm • Length 1250mm



• Height 1210mm • Width 1120mm • Length 1156mm

## Outdoor Fixed Table Tennis

• Length 2760mm • Width 1520mm • Height 760mm

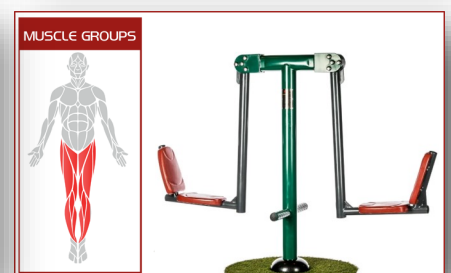
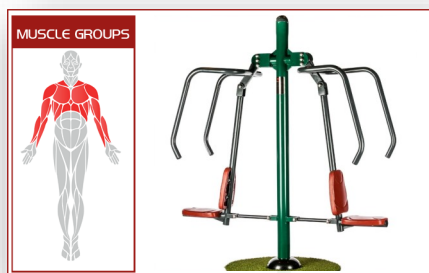
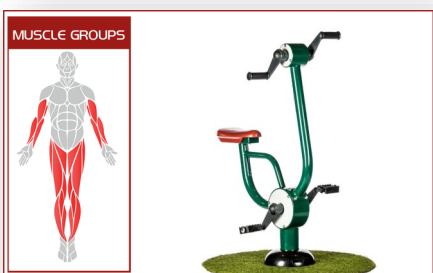
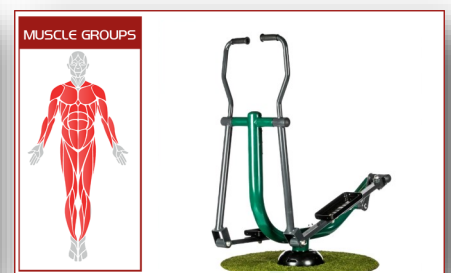
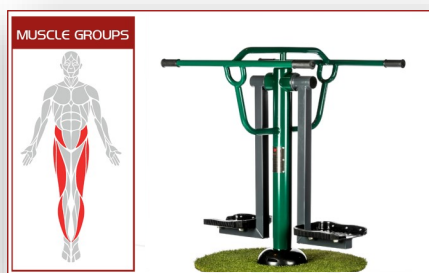




## 6 Piece Adult / KS3 and KS4 Gym Package

We've taken the most popular pieces of equipment and put them into one package for you. The package covers a full body workout with an emphasis on cardio vascular health.

This package allows 10 people to exercise at the same time, providing a cardio or warm up workout alongside strength training for the upper body and legs.



1. Double Health Walker
2. Double Slalom Skier
3. Sky Stepper

4. Arm and Pedal Bike
5. Double Power Push
6. Double Squat Push

**£8,600** plus VAT fully installed



# Energise

Minimum Space Required: • Length: 6000mm • Width: 400mm

- Our Energise Multi Gym comprises two of our most popular pieces, the **Double Health Walker** and the **Double Slalom Skier** for great fun and social exercise.
- This unit allows up to 4 people above 4'7" / 140cm in height to exercise at the same time.





# Spacesaver

Minimum Space Required: • Details on Request

- Our Spacesaver Multi Gym includes **two Slalom Skiers** and **one Sky Stepper** and **one Horse Rider** all combined into one multi gym to maximise the social interaction of the users while reducing the footprint required to install the gym. It's a great piece either alone or as part of a larger gym and allows people to independently exercise while all facing each other for great social exercise.
- This unit allows up to 4 people above 4'7" / 140cm in height to exercise at the same time.





## Activ8



Minimum Space Required: • Length: 8500mm • Width: 4800mm

- Featuring a **Double Health Walker** and **two Slalom Skiers** for larger movements, coupled with a **Double Waist Twister** plus a **Tai Chi** element for coordination and **Arm Pedal Bike** set-up for wheelchair users. With a minimal footprint and installation, the Activ8 Multi-Gym provides a cost-effective solution to physical fitness and co-ordination.
- Up to two wheelchair users can access this equipment simultaneously with the Arm Pedal Bike and Tai Chi Disc sections.
- This unit allows up to 8 people over 4'7" / 140cm in height to exercise at the same time.





## Integr8



Minimum Space Required: • Details on Request

- Featuring a **Double Health Walker, Double Slalom Skier, Sky Stepper, Horse Rider, Tai Chi Discs** and an **Arm Bike**. The first 4 of these pieces have proven the most popular in regards to the 'play' factor with children aged 4-11 across the UK when supplied individually so we have brought them together on one unit to bring the playground together.
- Up to two wheelchair users can access this equipment simultaneously with the Arm Bike and Tai Chi Disc sections.
- This unit allows up to 8 children under 4'7" / 140cm in height to exercise at the same time.







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